

Amazing 中国
CHINA 中国

9D7N

雪落圣域香巴拉~

昆明 / 大理 / 丽江 / 香格里拉 / 巴拉格宗

KUNMING/DALI/LIJANG/SHANGRI-LA/BALAGEZONG

Johor Bahru ✈ Kunming

Tour Code: JCKS-5

 **Golden**
Destinations



China
中国



全程无购物站

NO SHOPPING STOP



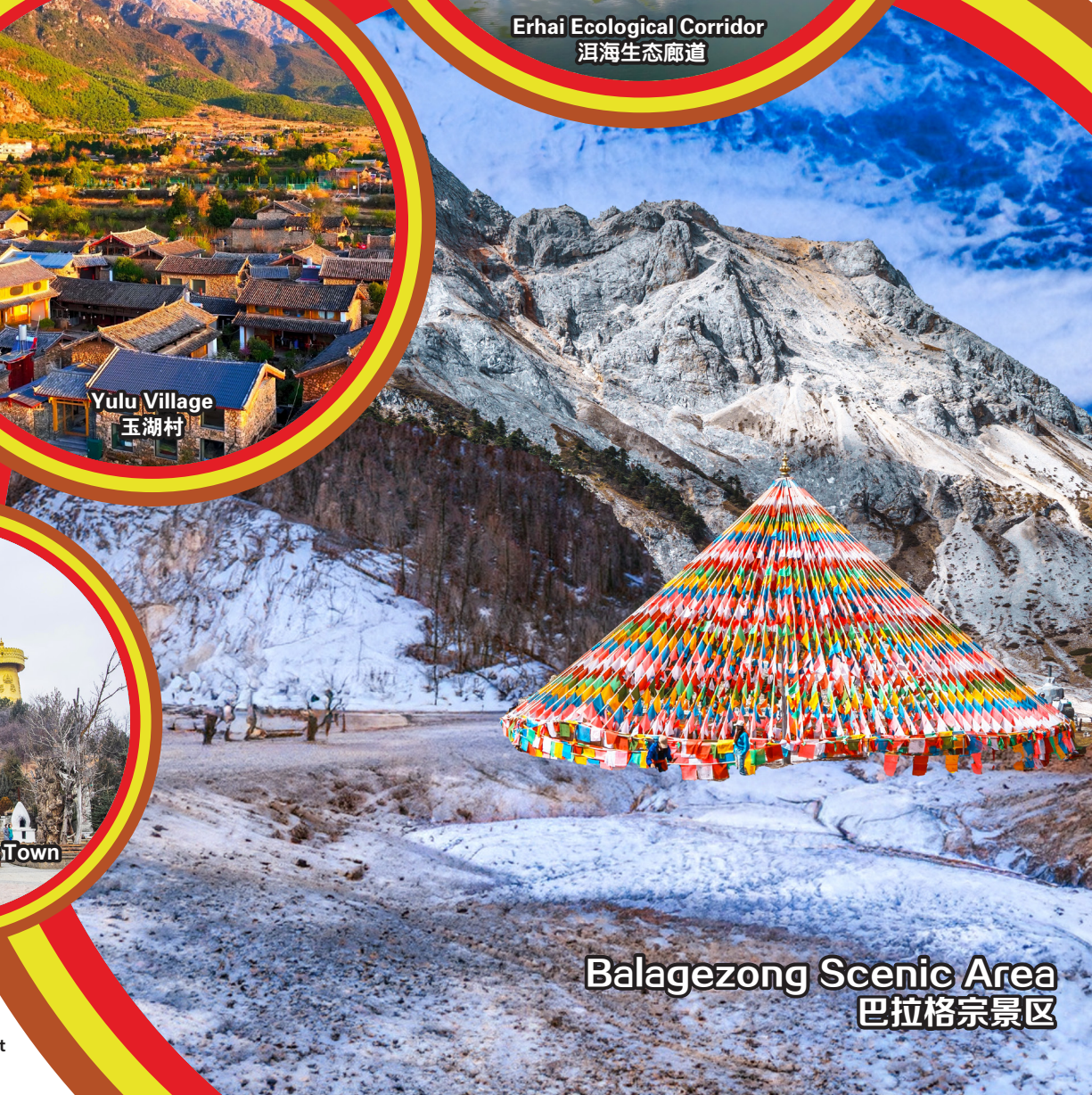
Erhai Ecological Corridor
洱海生态廊道



Yulu Village
玉湖村



Dukezong Ancient Town
独克宗古城



Balagezong Scenic Area
巴拉格宗景区

行程次序, 以當地旅社安排為準。
Sequences of Itinerary are subject
to local arrangement.



Dali Ancient Town
大理古城



Golden Horse and Jade Rooster Archway
金马碧鸡坊



Songzanlin Monastery
松赞林寺



精简行程

第一天 新山 ✈ 昆明 (机上用餐)

☑ 入住酒店

第二天 昆明 🚌 (约4.5小时) 大理 (早/午/晚)

☑ 海埂大坝 *赏海鸥
☑ 大理理想邦-圣托里尼 (含上行电瓶车+精美茶歇)

第三天 大理 🚌 (约5小时) 香格里拉 (早/午/晚)

☑ 洱海生态廊道
【含音乐大篷车+歌手伴唱+饮品 (每人1瓶)+民族服装体验 (不含妆照)+旅拍3张电子照片/家庭+1个航拍小视频/团】
☑ 香格里拉迎宾馆白塔
☑ 香格里拉大经幡
☑ 独克宗古城：转经筒

第四天 香格里拉 🚌 (约1.5小时) 巴拉格宗 🚌 (约1.5小时) 香格里拉 (早/午/晚)

☑ 巴拉格宗景区 (含环保车)
*凤凰菩提树 *巴拉村 *回音壁栈道 *玻璃观景台
*天然佛塔 (欣赏冬季雪景, 玩雪堆雪人)

第五天 香格里拉 🚌 (约3小时) 丽江 (早/午/晚)

☑ 松赞林寺 (含环保车)
☑ 黑龙潭公园
☑ 大研古城
☑ 四方街

第六天 丽江 (早/午/晚)

☑ 玉龙雪山第一村 - 玉湖村 (含电瓶车)
*纳西家访
- 了解纳西族的习俗及建筑风格与风水
- 体验民族服饰拍照 (不含妆造)
- 体验石磨豆腐及做豆花 - 参观纳西家庭博物馆
- 品尝纳西族传统蜜饯 - 体验做东巴纸
- 认识东巴象形文字, 学习写东巴字
☑ 雪山峡谷演绎公园 - 东巴秘境
(含电瓶车+网红玻璃桥) *欣赏雪山美景

第七天 丽江 🚌 (约2.5小时) 大理 🚌 (约2.5小时) 楚雄 (早/午/晚)

☑ 沙溪古镇 (含小黄车) *玉津桥 *寺登街 *古戏台
☑ 大理古城 (不含电瓶车, RMB35/人客人自理)
☑ 洋人街

第八天 楚雄 🚌 (约3小时) 昆明 (早/午/晚)

☑ 草莓采摘体验
☑ 金马碧鸡坊
☑ 南屏步行街
☑ 南强街集市

第九天 昆明 ✈ 新山 (机上用餐)

观光景点：

大理

- ◆ **洱海生态廊道** - 全长约129公里, 是集生态修复、景观游憩与文化体验于一体, 环绕洱海而建的绿色景观长廊。自2018年起通过恢复湿地、改善水质等措施, 打造洱海的生态屏障。廊道沿途连接23个白族村落, 游客可畅览苍山洱海风光, 体验大理的慢生活步调。
- ◆ **大理古城** - 简称榆城, 又称“洋人街”, 坐落于风光秀丽的苍山脚下, 是中国首批国家历史文化名城之一。古城街道纵横交错, 青石板路两旁林立着售卖大理石工艺品、扎染、草编等特色商品的店铺, 以及充满白族风情的风味餐馆, 既保留了浓厚的民族文化, 又融合了现代休闲气息。

香格里拉 (平均海拔约3000-4000米左右)

- ◆ **巴拉格宗景区** - 位于云南香格里拉西北部, 地处滇川藏交界, 被誉为“香格里拉最后的隐秘圣境”。这里融合雪山、峡谷、冰川、湖泊等壮丽自然景观, 以及古老的藏族文化。景区拥有香格里拉大峡谷、格宗雪山、千年菩提树等自然与人文奇观。巴拉村依山而建, 藏式碉楼错落有致, 展现浓郁民族风情。
- ◆ **松赞林寺** - 是云南规模最大的藏传佛教寺院, 也是康区著名的大寺之一, 被誉为“藏区小布达拉宫”。寺院始建于清康熙年间, 依山而建, 外观如古堡般雄伟壮观, 融合藏族传统建筑艺术之精华。寺内拥有众多佛殿、经堂与壁画, 宗教氛围浓厚, 也被称为“藏族艺术博物馆”。
- ◆ **独克宗古城** - 又称“月光古城”, 藏语意为“白色石头城”, 是香格里拉著名藏族古城, 历史悠久、街巷古朴。古城民居依山而建, 风貌独特, 四季景色各异。古城内还可参观荣获吉尼斯纪录的世界上最大转经筒, 顺时针旋转祈福, 感受浓厚宗教仪式感。

丽江

- ◆ **玉湖村** - 玉湖村是纳西族世代居住的古老村落, 坐落于玉龙雪山脚下, 因其独特的地理位置而被誉为“雪山第一村”。村落依山而建, 石砌民居古朴典雅, 完整保留了纳西族传统建筑风貌与生活方式。这里不仅风光旖旎, 更是纳西文化的活态传承地。游客可体验千年传承的东巴纸, 学习东巴象形文字, 深入体验纳西族的语言、艺术与信仰。

昆明

- ◆ **金马碧鸡坊** - 至今已有近四百年历史,牌坊高12米, 宽18米, 雕梁画栋、飞檐翘角, 工艺精美, 气势恢宏, 是昆明的地标性建筑之一。金马与碧鸡两坊相对而立, 寓意吉祥如意, 象征着昆明的历史文化底蕴与城市精神。



✓ 7 早餐 / 7 午餐 / 7 晚餐

风味餐：

手抓饭风味 白族风味 藏式风味
纳西土鸡和烤肉风味 纳西风味 宫廷御宴风味
沙溪风味 菌火锅 过桥米粉



酒店住宿 (7晚)

✓ 昆明丽怡或同级 x1 晚
✓ 大理下关智选假日酒店或同级 x1 晚
✓ 香格里拉怡程酒店或同级 x2 晚
✓ 丽江束河婕珞美·花园酒店或同级 x2 晚
✓ 楚雄远达彝海国际度假酒店 x1 晚

推荐自费：丽江千古情歌舞表演【人民币300/人】

免责声明：由于新冠肺炎疫情旅行限制当地/宗教节日, 公众假期, 天气状况, 交通等情况, 自然灾害, 必要时黄金旅程保留对行程进行适当调整 (调整景点游览顺序) 以确保行程顺利进行, 会或否事先通知。

备注：如果旅游行程受到上述问题的影响, 将不予退款或更换。图片仅供参考。



Black Dragon Pool
黑龙潭公园



Shaxi Ancient Town
沙溪古镇



Dali "Ideal State"
大理理想邦-圣托里尼



SCHEDULE

D1 JOHOR BAHRU ✈ KUNMING (MOB)

- ✓ Check in Hotel

D2 KUNMING (est.4.5HRS) DALI (B/L/D)

- ✓ Haigeng Dam *Watch the Seagulls
- ✓ China's Santorini - Dali "Ideal State" (Include Upway Buggy Ride+ Afternoon Tea)

D3 DALI (est.5HRS) SHANGRI-LA (B/L/D)

- ✓ Erhai Ecological Corridor [(Include Music Caravan + Live Singing + Beverage (1 Bottle Per Pax) + Ethnic Costume Experience (Exclude Makeup) + 3 Travel Photos In Digital Form (Per Family) + 1 Aerial Video (Per Group))]
- ✓ Shangri-La White Stupa
- ✓ Shangri-La Prayers Flags
- ✓ Dukezong Ancient City: Rotary Wheel

D4 SHANGRI-LA (est.1.5HRS) BALAGEZONG (est.1.5HRS) SHANGRI-LA (B/L/D)

- ✓ Balagezong Scenic Area (Include Buggy Ride)
- *Phoenix Bodhi Tree *Bala Village *Echo Wall Skywalk
- *Glass Viewing Platform *Natural Pagoda (Enjoy Winter Scenery, Play in the Snow, and Build Snowmen)

D5 SHANGRI-LA (est.3HRS) LIJIANG (B/L/D)

- ✓ Songzanlin Monastery (Include Buggy Ride)
- ✓ Black Dragon Pool
- ✓ Dayan Ancient Town
- ✓ Si Fang Street

D6 LIJIANG (B/L/D)

- ✓ First Village of Jade Dragon Snow Mountain - Yuhu Village
- Naxi Home Visit
- Learn About Naxi Customs, Architecture, And Traditional Feng Shui
- Try On Traditional Naxi Costumes for Photos (Exclude Makeup)
- Experience Stone-Grinding Soybeans and Making Tofu Pudding
- Visit A Naxi Family Museum
- Savour Traditional Naxi Preserved Snacks
- Make Dongba Handmade Paper
- Discover Dongba Pictographic Script and Learn to Write Basic Characters
- ✓ Snow Mountain Canyon Park (Include Buggy Ride+Glass Skywalk)
- *Enjoy Snow Mountain Scenery

D7 LIJIANG (est.2.5HRS) DALI (est.2.5HRS) CHUXIONG (B/L/D)

- ✓ Shaxi Ancient Town (Include Buggy Ride)
- *Yujin Bridge *Sideng Street *Ancient Opera Stage
- ✓ Dali Ancient Town (Exclude Buggy Ride, Approximately RMB35)

D8 CHUXIONG (est.3HRS) KUNMING (B/L/D)

- ✓ Strawberry Picking Experience
- ✓ Golden Horse & Jade Rooster Archway
- ✓ Nanping Pedestrian Street
- ✓ Nanqiang Market

D9 KUNMING ✈ JOHOR BAHRU (MOB)

TOURIST ATTRACTIONS:

DALI

- ◆ **Erhai Ecological Corridor** - Stretching approximately 129 kilometers, this green scenic corridor encircles Erhai Lake, integrating ecological restoration, recreational landscapes, and cultural experiences. Since 2018, wetland restoration and water protection efforts have built an ecological shield for the lake. The corridor links 23 Bai villages, offering scenic views of Cangshan and Erhai, along with Dali's slow and peaceful lifestyle.
- ◆ **Dali Ancient Town** - Also called Yucheng or "Foreigner Street," lies at the foot of scenic Cangshan and is one of China's first national historic and cultural cities. Its streets are lined with shops selling Dali stone crafts, tie-dye, straw weaving, and local Bai-style restaurants, blending rich ethnic culture with modern leisure.

SHANGRI-LA (AVERAGE ALTITUDE 3000-4000M)

- ◆ **Balagezong Scenic Area** - Located in northwest Shangri-La, this hidden sanctuary features snow-capped mountains, deep canyons, glaciers, and lakes alongside ancient Tibetan culture. Key highlights include the Shangri-La Grand Canyon, Gezhong Snow Mountain, and a thousand-year-old Bodhi tree. Bala Village, perched on the mountainside, displays traditional Tibetan watchtowers and rich ethnic charm.
- ◆ **Songzanlin Monastery** - The largest Tibetan Buddhist monastery in Yunnan and a famed site in the Kham region, often known as the "Little Potala Palace." Built during the Kangxi era, it rises majestically on the mountainside, showcasing classic Tibetan architecture. Inside are grand prayer halls, temples, and vivid murals, creating a deeply spiritual atmosphere and earning it the name "Museum of Tibetan Art."
- ◆ **Dukezong Ancient Town** - Also known as the "Moonlight City," this historic Tibetan town in Shangri-La features stone-paved alleys and traditional hillside homes. Offering charm in every season, it is home to the world's largest prayer wheel, recognized by Guinness World Records. Visitors can spin it clockwise to pray and experience deep spiritual tradition.

LIJIANG

- ◆ **Yuhu Village** - An ancient Naxi village at the foot of Jade Dragon Snow Mountain, known as the "First Village of the Snow Mountain." Its stone-built homes preserve traditional Naxi architecture and way of life. Beyond its scenic beauty, the village is a living cradle of Naxi culture, where visitors can try Dongba papermaking, learn pictographic script, and explore centuries-old traditions in language, art, and belief.

KUNMING

- ◆ **Golden Horse and Jade Rooster Archway** - Nearly 400 years old, these grand archways—standing 12 meters high and 18 meters wide—are iconic Kunming landmarks, featuring intricate carvings and upturned eaves. The Golden Horse and Jade Rooster archways face each other, symbolizing good fortune and the city's rich cultural heritage.



✓ 7 Breakfast / 7 Lunch / 7 Dinner

Special Cuisine:

Hand-pilaf Cuisine Bai Ethnic Cuisine Tibetan Cuisine
Nixi Chicken & BBQ Cuisine Naxi Cuisine Palace Feast Cuisine
Shaxi Cuisine Mushroom Hotpot Cross-bridge Rice Noodles



HOTEL OR SIMILAR (7 NIGHTS)

✓ Kunming Country Inn & Suite by Radisson Hotel or Similar Class x1 Night
✓ Dali Holiday Inn Express Hotel or Similar Class x1 Night
✓ Shangri-La Echeng Hotel or Similar Class x2 Nights
✓ Lijiang Gelle Freres Garden Hotel or Similar Class x2 Nights
✓ Chuxiong Yuanda Yihai International Hotel or Similar Class x1 Night

OPTIONAL TOUR: LIJIANG THOUSAND YEARS OF LOVE SHOW [RMB 300/ PAX]

Disclaimer: Due to Covid-19 travel restrictions, local / religious festivals, public holidays, weather condition, transport technical issue, acts of nature, Golden Destinations reserved the right to alter the sequence or change, amend or alter the itinerary if necessary, with or without prior notice.

Remark: There will be no refund or replacement if the tour logistic affected by the above issue. All pictures are for illustration purpose only.

旅游质讯 General Information

· 昆明 KUNMING ·



货币 Currency 	Chinese Yuan - CNY Renminbi - RMB 中国元 - CNY 人民币 - RMB	信用卡 Credit Card 	* 致电信用卡中心，以延长你的信用卡额度 * Major credit cards such as Visa and Master card are mostly widely used.
货币兑换率 Exchange Rate 	10N CNY = MYR 6.50 10 元= 马币 6.50 <small>*Subject to currency of the day* 以当天汇率为准*</small>	拨号代码 Dial Code 	CHINA : +86 中国 : +86
电压 Voltage 	Voltage - almost always 220 V 电压 - 220伏特	插座 Power Socket 	类型 / Type A - 两脚扁型插头 / 2 Flat Blade Pin 类型 / Type B - 两脚扁型 + 一圆型插头 / 2 Flat Blade Pin + 1 Round Pin 类型 / Type I - 八字扁型脚 + 接地孔 / 3 Oblique Flat Blade Pin "V-Shape"
时差 Time Different 	China - No time different with Malaysia 中国 - 时间与马来西亚时间标准时无相差	行李托运 Luggage Allowance 	Each individual are entitled to check in 1 luggage of not more than 20 kg and a hand carry bag not more than 7 kg. 每人只限携带一件不超过7公斤的手提行李上机，以及托运行李不超过20公斤。 <small>*Subject to change* 可随时更改*</small>
气候 Weather 	<div> <input type="checkbox"/> Spring 春季 3月 - 5月 Mar to May 10°C ~ 24°C </div> <div> <input type="checkbox"/> Summer 夏季 6月 - 8月 Jun to Aug 17°C ~ 25°C </div> <div> <input type="checkbox"/> Autumn 秋季 9月 - 11月 Sep to Nov 10°C ~ 22°C </div> <div> <input type="checkbox"/> Winter 冬季 12月 - 2月 Dec to Feb 3°C ~ -16°C </div> <small>*Subject to weather of the day* 以当天天气报告为准*</small>		
飞机型号 Aircraft Type 	 B737 <small>*Subject to change* 可随时更改*</small>		

Departure Date:

出发日期:

Tour Fare:

团费:

Tipping:

小费:

Visa:

签证:

Flight:

航班行程:

Airport Tax & Fuel Surcharge:

机场税及燃油附加费:

Agent Collection Fee:

旅行社代收费:

Travel Insurance:

旅行保险:

TOTAL:

总数:

GD Partner:

