

② 01 Way High-Speed Train | 单程高铁 8D6N

山西内蒙

大同 / 宁武 / 老牛湾 / 响沙湾 / 希拉穆仁草原 / 呼和浩特

SHANXI INNER MONGOLIA

DATONG / NINGWU / LAONIUWAN / WHISTLING DUNE BAY / XILAMUREN GRASSLAND / HOHHOT

Penang 🛪 Beijing

Tour Code: PCIM-3











- 每人一条迎宾哈达
- A welcoming Hada for each person
- 蒙古族下马酒+欢迎仪式、篝火晚会
- Mongolian dismounting wine + Welcome ceremony, Bonfire party
- 牧民家访(品奶茶、果条、 穿蒙古服装拍照)
- Visiting herders' homes (tasting milk tea, fruit bars, taking photos in Mongolian costumes)
- 体验草原射箭
- Experience grassland archery



Laoniuwan Yellow River Grand Canyon Tourist Area 老牛湾国家地质公园



Yungang Grottoes 云冈石窟

行程次序,以當地旅社安排為准。 Sequences of Itinerary are subject to local arrangement.



精简行程

槟城 オ 中转城市 オ 北京 (机上用餐)

北京 🖨 (360km)大同

(-/午/晚)

- ☑ 云冈石窟(含电瓶车)
- ☑ 大同古城墙

大同 🖨 (290km)宁武 🖨 (80km)朔州

(早/午/晚)

- ☑ 万年冰洞(含电瓶车)
- ☑ 悬空村

第四天 朔州 🗐 (180km)老牛湾 🗟 (100km)准格尔旗

(早/午/晚)

☑ 黄河大峡谷(含门票、观光车、黄河游船)

第五天 准格尔旗 🖨 (160km)达拉特旗 (旦/午/睁

☑ 响沙湾风景区

(含缆车+沙袜+骑骆驼+冲沙车+沙漠小火车)

达拉特旗 🖨 (230km)希拉穆仁草原

(早/午/晚)

- ☑ 美岱召
- ☑ 希拉穆仁草原
- (蒙古族下马酒+欢迎仪式+穿蒙古袍照相+篝火晚会+ 射箭体验+牧民家访)

自费项目

第七天 希拉穆仁草原 🖨 (100km)呼和浩特 🛢 北京 (早/午/晚)

☑ 将军衙署(周一闭馆)

註:因中國的博物館為國家所有,除原本 固定休假日外會有某些特定因素不定期休館, 但不會事先對外通知,若遇此情況原行程則 更換為昭君博物馆。

☑ 塞上老街 乘搭高铁(呼和浩特-北京)

第八天 北京 才 中转城市 才 槟城 (早/机上用餐)

观光景点:

大同

云冈石窟 - 是中国四大石窟之一,距今已有1500多年历史,现存洞窟 45个,佛龛1100多个,造像近6万尊,规模宏大、气势磅礴。它以宏 大的规模、精美的雕刻和深厚的佛教文化底蕴,被誉为"石刻艺术的 宝库"。

宁武

万年冰洞 - 是一种极具地质学与观赏价值的自然奇观,指的是洞内终 年被冰雪覆盖、即使夏季高温也不融化的天然洞穴、被誉为"中国的 冰雪奇观"

华湾

黄河大峡谷老牛湾景区 - 是黄河与长城交汇的独特地带,素有"黄河 第一湾"、"中国最美的十大峡谷之一"之称。这里地形险峻、水流 蜿蜒,是黄河大峡谷最壮观的河段之一,也是国家5A级旅游景区。

达拉特旗

响沙湾 - 沙高110米,坡度45度,呈弯月状形成一个很大的沙山回音 壁。这里沙丘高大,比肩而立,浩海茫茫。顺着云梯攀援而上,当人 们从沙顶向下滑动,便会听到犹如飞机掠空而过的轰鸣声; 当你对着 两手猛力向中间捧沙时,便会听到哇哇的蛙鸣声,响沙湾因而得名。

呼到浩特

希拉穆仁草原 - 希拉穆仁,蒙语意为"黄色的河",位于呼和浩特以 北100公里。希拉穆仁草原,俗称"召河",固在希拉穆仁河边有清 代喇嘛庙"普会寺"而得名。希拉穆仁草原是典型的高原草场,每当 夏秋时节绿草如茵,鲜花遍地,成为著名的内蒙古草原旅游点。



✓6早餐/6午餐/6晚餐

风味餐:

★ 大同火锅

★ 东寨风味

★ 浑源风味 ★ 准旗风味

★ 苗河鱼风味

★ 草原风味

★ 手把羊肉风味

★ 驼宴风味 ★ 烤鸭风味



酒店住宿(6晚)

✓ 大同柳莺酒店或同级

x1晚

✓ 朔州希尔顿欢朋酒店或同级

x1晚

✓ 准格尔旗朗景酒店或同级

x1晚

✓ 达拉特旗凯弘洲际酒店或同级

x1晚

✓ 希拉穆仁草原商务空调蒙古包或同级

x1晚

✓ 北京明珠酒店或同级

x1晚

自费项目: 1. 骑马/越野车穿越草原 3. 诈马宴

2. 漠南传奇大型实景马术秀

人民币280/人(5月份之后开始有表演) 人民币398/人





SCHEDULE

PENANG 🛪 TRANSIT CITY ₹ BEIJING

(MOB)

BEIJING 🗐 (360km)DATONG **D2**

- ☑ Yungang Grottoes (including battery car)
- ☑ Datong Ancient City Wall
- DATONG 🖨 (290KM) NINGWU 🖨 D3 (80KM) SHUOZHOU (B/L/D)
 - ☑ Wannian Ice Cave (including electric car)
 - ☑ Hanging Village

SHUOZHOU 🖨 (180KM) LAONIUWAN (100KM) JUNGAR BANNER (B/L/D)

> ☑ Yellow River Grand Canyon (Including tickets, sightseeing bus, Yellow River cruise)

JUNGAR BANNER (160km) **DALAD BANNER**

(B/L/D)

☑ Whistling Dune Bay (including cable car + sand socks + camel riding + desert vehicle+ desert train)

DALAD BANNER (250km) D₆ **XILAMUREN GRASSLAND**

(B/L/D)

- ☑ Meidaizhao Monastery
- ☑ Xilamuren Grassland

(Mongolian dismounting wine + welcome ceremony + taking photos in Mongolian robes + bonfire party + archery experience + herdsmen' home visit) Optional tour

XILAMUREN GRASSLAND 🛱 (100km) HOHHOT 🗎 BEIJING (B/L/D)

- ☑ General's Office (closed on Mondays) Note: Due to museums in China are owned by the state, they may be closed for certain reasons other than regular holidays, but they will not be notified in advance. If this happens, the original itinerary will be changed to the Zhaojun Museum.
- ☑ Saishang Old Street Take the high-speed rail (Hohhot-Beijing)

BEIJING **TRANSIT CITY** D8 **₹ PENANG** (B/MOB)

TOURIST ATTRACTIONS:

DATONG

Yungang Grottoes - It is one of the four major grottoes in China, with a history of more than 1,500 years. There are 45 existing caves, more than 1,100 niches, and nearly 60,000 statues. It is large in scale and magnificent. It is known as the "treasure house of stone carving art" for its grand scale, exquisite carvings and profound Buddhist cultural heritage.

NINGWU

Wannian Ice Cave - It is a natural wonder with great geological and ornamental value. It refers to a natural cave covered with ice and snow all year round, which does not melt even in the high temperature of summer. It is known as the "China's Ice and Snow Wonder"

LAONIUWAN

Laoniuwan Yellow River Grand Canyon Tourist Area - A unique area where the Yellow River and the Great Wall meet, also known as the "First Bay of the Yellow River" and "one of the ten most beautiful canyons in China". With its rugged terrain and winding water flow, it is one of the most spectacular sections of the Yellow River Grand Canyon and a national 5A-level tourist attraction

DALAD BANNER

Whistling Dune Bay - The sand is 110 meters high, with a slope of 45 degrees, and is crescent-shaped, forming a large sand hill echo wall. The sand dunes here are tall, standing side by side, and the sea is vast. Climbing up along the cloud ladder, when people slide down from the top of the sand, they will hear a roar like an airplane passing through the sky; when you hold the sand in your hands, you will hear the croaking of frogs, and Whistling Dune Bay got its name.

HOHHOT

Xilamuren Grassland - Xilamuren, which means "yellow river" in Mongolian, is located 100 kilometers north of Hohhot. Xilamuren Grassland, commonly known as "Zhaohe", is named after the Qing Dynasty Lama Temple "Puhui Temple" beside the Xilamuren River. Xilamuren Grassland is a typical plateau grassland. In summer and autumn, it is covered with green grass and flowers, making it a famous grassland tourist spot in Inner Mongolia.



√ 6 Breakfasts / 6 Lunches / 6 Dinners

Special Cuisine:

- ★ Hunyuan flavor
- ★ Zhunqi flavor
- ★ Grassland flavor
- ★ Datong hotpot
- ★ Yellow River fish flavor
- ★ Hand-held mutton flavor
- ★ Dongzhai flavor
- ★ Camel feast flavor
- ★ Roast duck flavor

x 1 Night



HOTEL OR SIMILAR (6 NIGHTS)

√Beijing CSN Pearl Hotel

✓Datong Willow Ying Hotel or Similar x 1 Night ✓Shuozhou Hampton by Hilton Hotel or similar x 1 Night √Jungar Banner Langjing Hotel or similar x 1 Night ✓ Dalad Banner Kai Hong Intercontinental Hotel or similar x 1 Night ✓Xilamuren grassland yurt Resort x 1 Night

· 内蒙古 INNER MONGOLIA ·

货币 Currency	Chinese Yuan - CNY Renminbi - RMB 中国元 - CNY 人民币 - RMB		信用卡 Credit Card	* UnionPay cards locations, while	DN PAY) 在中国大多地方能使用 R卡较为限制 Is are widely accepted in most e VISA and MasterCard are only limited number of places	
货币兑换率 Exchange Rate	10 元 = 马币 6.00 10 CNY = MYR 6.00 'Subject to currency of th	the day* *以当天汇率为准*	拨号代码 Dial Code	China 中国	: +86 : +86	
电压 Voltage	电压 - 220 伏特 Voltage - 220 V		插座 Power Socket	类型 / Type B - 7 2 类型 / Type I - /\	两脚扁型插头 / 2 flat blade pin 两脚扁型 + 一圆型插头 / 2 flat blade pin + 1 round pin \字扁型脚+接地孔 / 3 Oblique f blade pin "V-shape"	lat
时差 Time Different	中国 – 时间与马来西亚时间标准时无相差 China - No time different with Malaysia		行李托运 Luggage Allowance	以及托运行李不 Each individual a	每人只限携带一件不超过7公斤的手提行李上机, 以及托运行李不超过30公斤。 Each individual are entitled to check in 1 luggage of not more than 30 kg and a hand carry bag not more than 7 kg.	
气候 Weather	□ Spring 春季 3月 – 5月 Mar to May 25°C ~ 8°C	Summer 身 6月 - 8月 Jun to Aug 30°C ~ 20°	g	Autumn 秋季 9月 – 11月 Sep to Nov 24℃ ~ 5℃	Winter 冬季 12月 - 2月 Dec to Feb 7°C ~ -10°C *Subject to weather of the day* *以当天气情	長告为准*
飞机型号 Aircraft Type	Boeing 737-800					
Departure Date: 出发日期:			Flight: 航班行程:			
Tour Fare: 团费:			Airport Tax & Fue 机场税及燃油附			
Tipping: 小费:			Agent Collection旅行社代收费:	ı Fee:		
Visa: 签证:			Travel Insurance 旅行保险:):		
			TOTAL: 总数:			
(4)	GD Partner:					

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