

7/8D6N
YINCHUAN
NINGXIA
宁夏银川

长河落日



Yinchuan | Wuhai |
Alxa Left Banner | Zhongwei
银川 | 乌海 | 阿拉善左旗 | 中卫



NO SHOPPING STOP, NO OPTIONAL,
NO SELLING IN COACH

Ulan Lake is hidden deep within the Tengger Desert and is known as the "Heart of the Earth." From above, it resembles a heart-shaped secret realm. Its color changes with the seasons, weather, and lighting conditions, and is not always vividly red, adding to its sense of mystery and natural beauty.

乌兰湖深藏于腾格里沙漠腹地，被誉为“地球之心”。从空中俯瞰，宛如心形秘境。其色泽会随季节、天气与光照变化而变化，并非全年皆为鲜红，更添神秘色彩。



By The Signature Tours 带您无限探索 Travel Designer Team 中华魅力风情



Dear Valued Guest,

Ningxia is not a place of luxury, but a place for the soul.

Without the hustle and bustle of neon signs or the accumulation of materials, this pristine land displays the ultimate beauty of nature with the vastness of the Helan Mountains, the expanse of the Tengger Desert and the nurturing of the Yellow River.

The luxury here is the sound of the wind among the sand dunes, the silence under the starry sky, and the inner peace of dialogue with heaven and earth. The hospitality of the local people and their deep history add to the unique charm of this land.

In Ningxia, luxury is not about having more, but about finding a place to rest your body and mind.

May you find peace of mind and abundance in Ningxia.

亲爱的旅客，

宁夏，不以奢华取胜，却是灵魂的归宿。

没有霓虹喧嚣，也无物质堆砌，这片质朴的土地，以贺兰山的苍茫、腾格里沙漠的广阔、黄河的孕育，展现自然的极致之美。

这里的奢华，是沙丘间的风声、星空下的静谧，是与天地对话的内心宁静。当地人的真挚好客和深厚历史，更为这片土地增添独特魅力。

在宁夏，奢华不是拥有更多，而是找到身心的安放之处。

愿您在宁夏，收获心灵的宁静与丰盈。

Travel Designer :
旅游设计师 :

AC



Tengger Desert
腾格里沙漠



Map 地图



Must See Attraction



景点地标 深入探索



Carefree
悠游

Enjoy relaxation, truly
appreciate the world
享受放松 感慨世界美好

Capture
收获

The color & essence
of each journey
旅途中的色彩和精髓

Cozy
温馨

Vibes to create joyful
moment together
共创愉悦片刻

镇北堡西部影视城

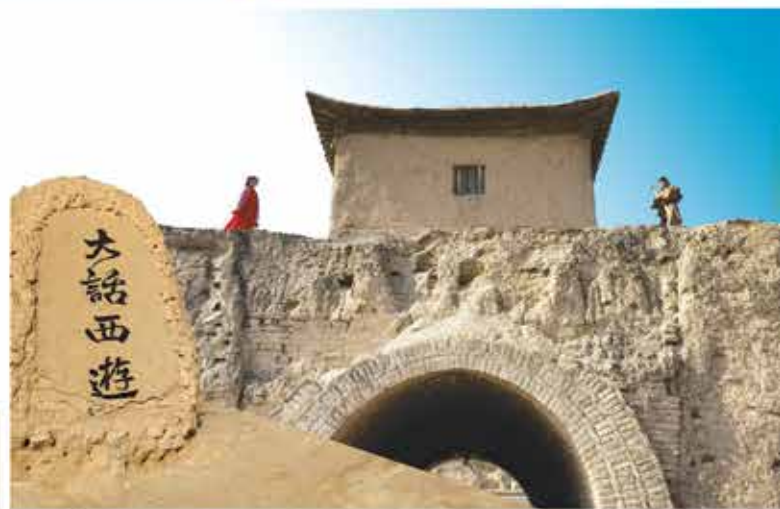


Zhenbeipu Western Film Studio

Known as the "Cradle of Chinese Western Cinema" and has served as a filming location for classic movies such as Red Sorghum, Journey to the West, and The Treasure Hunter. Featuring well-preserved Ming and Qing dynasty fortress-style architecture set within a vast desert landscape, it showcases a unique blend of cinematic artistry, history, and striking visual scenery.

镇北堡西部影视城被誉为“中国西部电影的摇篮”，曾取景《红高粱》、《大话西游》、《刺陵》等经典影片，保留明清古堡与荒漠实景，展现独特的光影与历史交融之美。

镇北堡西部影城



躺在沙漠“抓”星星



Lying in the Desert
"catching" the stars

With its vast desert, exceptionally dark skies, Ningxia is one of China's stargazing destinations. The season runs from April to October, therefore, Ningxia is also known as the "Hometown of the Stars."

浩瀚沙海、澄澈夜空，造就了宁夏得天独厚的观星条件。每年4月至10月是最佳观星时节，因此享有“星星的故乡”的美誉。

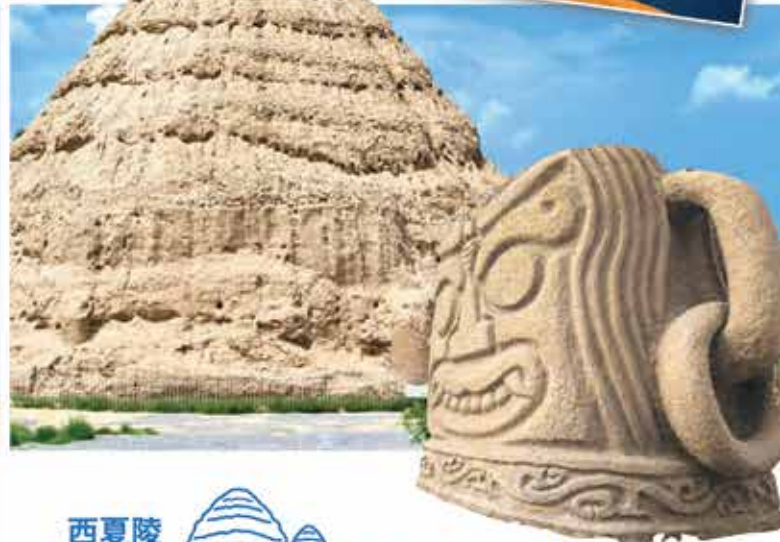


甘德尔山 Gander Mountain



The statue of Genghis Khan on Mount Gander symbolises the majesty of Genghis Khan and Mongolian history and culture. The statue towers above Mount Gander in a magnificent display of Genghis Khan's majesty as the founder of the Mongol Empire and a tribute to Mongolian culture.

甘德尔山上的成吉思汗雕像，象征着成吉思汗的威严与蒙古族历史文化。雕像耸立在甘德尔山上方，气势恢宏，展现了成吉思汗作为蒙古帝国的开创者的磅礴气势，同时也是对蒙古文化的致敬。



西夏陵



Western Xia Mausoleum

The Western Xia Mausoleum is the largest and best-preserved royal mausoleum complex of the Western Xia Dynasty in China. In 2025, they were inscribed on the UNESCO World Heritage List, becoming one of China's World Heritage Sites.

西夏陵是中国现存规模最大、保存最完整的西夏王朝皇家陵园。2025年成功列入UNESCO《世界遗产名录》，成为中国又一处世界文化遗产。

The fourth largest desert in China, captivates visitors with its vast expanse of golden sand under a high, clear sky and light clouds. The enchanting scenery attracts many admirers.

中国第四大沙漠。天高云淡、风清气爽、黄沙似金，吸引着不少游人前来欣赏迷人风光。



腾格里沙漠景区
Tengger
Desert

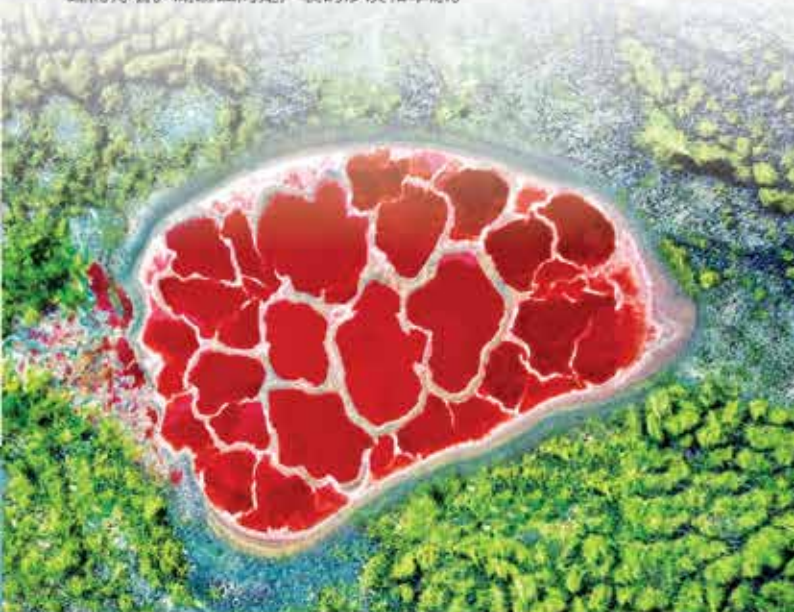


地球心脏 - 乌兰湖

Lake Ulaan, the Heart of the Earth

Ulaan Lake, which means "red" in Mongolian, is named after the reddish colour of the lake water at sunrise or sunset. The lake is surrounded by vast deserts and grasslands.

乌兰湖的“乌兰”在蒙古语中意为“红色”，因日出或夕阳西下时湖水泛红而得名。湖区四周是广袤的沙漠和草原。



沙湖

Shahu

A national 5A-level scenic area featuring a rare blend of desert and lake landscapes. Crystal-clear waters meet rolling sand dunes, creating a unique natural wonder known as "a lake within the desert, and sand within the lake."

集沙漠与湖泊景观于一体的国家5A级旅游景区。湖水清澈、沙丘连绵，形成“沙中有湖、湖中有沙”的独特自然奇观，被誉为塞上江南的代表性生态景区之一。



志辉源酒庄 Yuanshi Chateau

Visit the model eco-winery that President Xi Jinping once inspected, and witness firsthand how this once-barren mining area has been transformed into a vibrant green estate. Experience the unique terror of the eastern foothills of the Helan Mountains and explore the charm of China's thriving wine culture.

走进习近平总书记曾视察调研的生态酒庄典范，见证荒漠矿坑向绿色庄园的华丽蜕变，感受贺兰山东麓独特风土与中国葡萄酒文化魅力。





7D/8D 6N

YINCHUAN, NINGXIA

YINCHUAN | WUHAI | ALXA LEFT BANNER | ZHONGWEI

DAY 01 KUL ✈️ YINCHUAN, NINGXIA

(MOB)

DAY 02 YINCHUAN

(LD)

- Arrival in **Yinchuan**, the capital of the Ningxia Hui Autonomous Region in China.
- Because of the architecture modeled after the ancient Roman Colosseum, **Lanshan Park** has become a IG hot spot.

DAY 03 YINCHUAN - 170KM - WUHAI

(HB/LL/LD)

- **Shahu** (include boat ride) combines the magnificent scenery of the desert and the lake, showcasing the ecological wonder of "sand and water coexisting," and is one of Ningxia's most iconic natural attractions.
- **The statue of Genghis Khan on Gander Mountain** (include cable car) is not only a monument to Genghis Khan, but also a symbol of the history and culture of the Mongolian nation.

DAY 04 WUHAI - 160KM - ALXA LEFT BANNER

(HB/LL/LD)

- **Guangzong Temple** - It is the place where the legendary monk Kuramyang Gyatso preached and enshrined his relics.
- **Dingyuan Camp** became an important base for the defence of the northwestern frontier in the Qing Dynasty because of its strategic location.
- **Temple de Yanfu** is the earliest monastery built in Alxa, which was once strongly supported by living monks such as the Sixth Dalai Lama Cangyang Gyaltsen and Dieshi de Nomenkhan.

DAY 05 ALXA LEFT BANNER - 180KM - ZHONGWEI

(HB/LL/LD)

- Embark on an exciting 4WD journey into the heart of the Tengger Desert to explore the stunning **Ulan Lake, Camel Lake, and Guitar Lake**. Includes professional drone photography and a dedicated photographer to capture unforgettable moments amid the spectacular desert landscape.
- Tonight, we'll check in desert hotel and immerse yourself in the tranquility of the desert and its breathtaking night sky. Enjoy **afternoon tea, camel riding, a bonfire party with fireworks, a stargazing lecture**, and exclusive access to a **astronomical telescope** for an unforgettable cosmic experience.

**Bonfire party performance time is adjusted according to the season and weather, the exact start time of the party is subject to the notification on the day of the scenic spot.
**Desert stargazing experience is subject to weather conditions.

Remarks:

*MOB=Meals on Board/HB=Hotel Breakfast/LL=Local Lunch/LD = Local Dinner/BB=Breakfast Boxed

Exclusive Arrangement

Disclaimer:

Sequences of itinerary are subject to local arrangement. Itineraries, meals, hotels and transportation are subject to change without prior notice.

DAY 06 ZHONGWEI - 230KM - YINCHUAN

(HB/LL/LD)

- Venture to the southeastern edge of the Tengger Desert to explore **Shapotou** (include buggy car, shuttle bus, the uphill cable car, downhill sandboarding, glass bridge), admire the magnificent scenery where the Yellow River and the desert coexist, and experience the most iconic desert landscapes of Northwest China.
- Visit the **Western Xia Mausoleum**, hailed as the "Pyramids of the East" (include the museum, buggy car, wood type printing experience), to explore the glorious history and mysterious civilization of the Western Xia Dynasty and discover this cultural treasure listed on the UNESCO World Heritage List.

DAY 07 YINCHUAN

(HB/LL/LD)

- **Zhenbeipu Western Film Studio** known as the cradle of Chinese Western cinema. Featuring well-preserved ancient fortresses and iconic film sets set against a desert landscape, it offers a unique journey through time, where history and movie scenes come vividly to life.
- **Yuanshi Chateau**: Learn about the entire winemaking process and a tasting experience, **where you will taste three carefully selected wines**.
- **Xixia Cultural Park** (include horse show) integrates the profound Xixia culture, historical relics and natural scenery, presenting a vivid historical picture scroll for visitors.

**The horse show in Xixia Cultural Park is arranged by the scenic spot, no refund will be made in case of temporary suspension of the performance.

DAY 08 YINCHUAN ✈️ KUL

(BB)

- Transfer to airport for flight back to Kuala Lumpur.





7天/8天 6晚

长河落日·宁夏银川

银川 | 乌海 | 阿拉善左旗 | 中卫

第01天 吉隆坡 ✈️ 宁夏银川

(机上用餐)

第02天 银川

(道地晚餐)

- 抵达银川，这是中国宁夏回族自治区的首府。
- 因为仿古罗马斗兽场的建筑，览山公园成为了网红打卡地。

第03天 银川 - 170KM - 乌海

(酒店早餐/道地午餐/道地晚餐)

- 沙湖(含游船)融合大漠与湖泊的壮美景致，展现“沙水共生”的生态奇观，是宁夏最具代表性的自然名片之一。
- 甘德尔山(含缆车)的成吉思汗雕像不仅是成吉思汗的纪念碑，也是蒙古民族历史和文化的象征。

第04天 乌海 - 160KM - 阿拉善左旗

(酒店早餐/道地午餐/道地晚餐)

- 广宗寺 - 它是传奇高僧仓央嘉措讲经弘法处和其真身舍利供奉地。
- 定远营因其战略位置而成为清代西北边疆防御的重要基地。
- 延福寺是阿拉善地区建成年代最早的寺院，曾经得到过六世达赖喇嘛仓央嘉措和迭斯尔德诺门汗等活佛高僧的大力支持。

第05天 阿拉善左旗 - 180KM - 中卫

(酒店早餐/道地午餐/道地晚餐)

- 乘坐专业越野车深入腾格里沙漠腹地，探访形态各异的乌兰湖、骆驼湖与吉他湖，尽览大漠秘境风光。特别安排无人机航拍及随行摄影师，定格震撼旅程，留下专属沙漠大片。
- 今晚，入住沙漠酒店，沉浸式感受大漠静谧与浪漫星空。特别安排精致下午茶、骑骆驼体验、篝火晚会与烟花秀，夜间由专业讲师带领观星讲座，并配备专享天文望远镜，探索浩瀚银河之美。

**篝火晚会表演时间根据季节和天气调整，具体开始时间以景区当天通知为准。

**沙漠观星体验视天气情况而定。

第06天 中卫 - 230KM - 银川

(酒店早餐/道地午餐/道地晚餐)

- 走进腾格里沙漠东南缘，探访沙坡头(含电瓶车、摆渡车、上行缆车、下行滑沙、玻璃桥)，欣赏黄河与大漠相依共生的壮美景观，感受西北最具代表性的沙漠风光。
- 探访被誉为“东方金字塔”的西夏陵(含博物馆、电瓶车、西夏文木活字印刷体验)，领略西夏王朝的辉煌历史与神秘文明，走进荣列UNESCO世界遗产名录的文化瑰宝。

第07天 银川

(酒店早餐/道地午餐/道地晚餐)

- 镇北堡西部影视城是中国西部电影的诞生地，漫步荒漠古堡与影视实景街区，沉浸式感受光影与历史交织的西北传奇。
- 志辉源石酒庄以生态修复为基础，将废弃矿坑蜕变为精品酒庄典范。特别安排酒庄参观及品鉴体验，品尝3款精选葡萄酒。
- 西夏风情园(含马战表演)融合了深厚的西夏文化、历史遗迹与自然风光，为游客呈现出一幅幅生动的历史画卷。

**西夏风情园的马战表演为景区安排，如遇临时停演，恕不退款

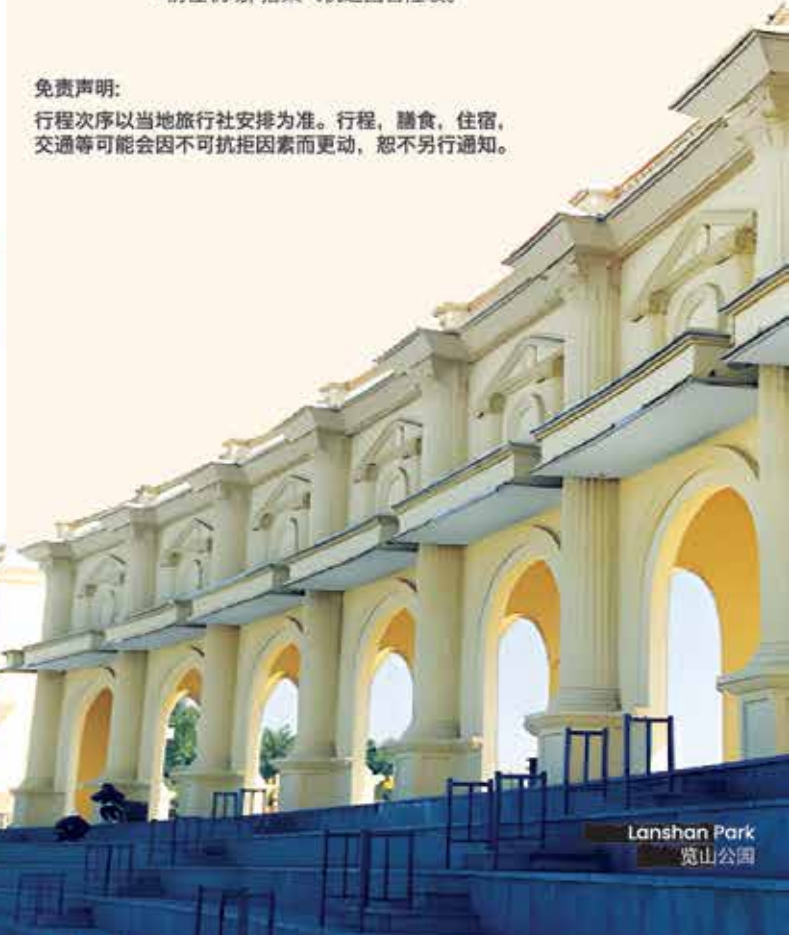
第08天 银川 ✈️ 吉隆坡

(早餐含)

- 前往机场，搭乘飞机返回吉隆坡。

免责声明:

行程次序以当地旅行社安排为准。行程，膳食，住宿，交通等可能会因不可抗拒因素而更动，恕不另行通知。

Lanshan Park
览山公园

Taste Indulge 味蕾



Lamb Hot Pot
涮羊肉

Savor authentic lamb hot pot, tender lamb that's ready to eat after just a quick dip and experience the rich, mellow flavors of Northwest China's hot pot culture.

品尝地道涮羊肉，鲜嫩羊肉轻涮即食，感受西北火锅文化的醇香与温润。



Babao Tea
八宝茶

Originating in the Tang Dynasty, the Silk Road has a history of over 1,300 years. Traders from diverse ethnic backgrounds exchanged local specialties, boiling them into tea to alleviate travel fatigue and foster new friendships.

起源于唐朝的丝绸之路有着1300多年的历史。当时，来自各族群的商人互相交流、分享本地特产，将它们煮成茶，用以缓解旅途疲劳并结交新朋友。



Roasted Whole Lamb
烤全羊

Located in Northwest China, Ningxia has a dry climate and plenty of sunshine, which is very suitable for breeding high-quality lamb, so the local roasted whole lamb is a rare delicacy with tender meat, less stink, and crispy on the outside and tender on the inside. In Ningxia, roasted whole lamb is often used to celebrate festivals, weddings or to receive VIPs, representing warmth and respect.

宁夏位于中国西北，气候干燥，日照充足，非常适合养殖优质的滩羊，因此当地的烤全羊肉质细嫩、膻味少，外酥里嫩，是不可多得的美味。在宁夏，烤全羊常用于庆祝节日、婚礼或接待贵宾，代表着热情和尊重。

Days 天数	BREAKFAST 早餐	LUNCH 午餐	DINNER 晚餐
1	-	-	机上用餐 Meals on board
2	-	-	粤菜风味 80 Cantonese Cuisine
3	酒店早餐 Hotel Breakfast	沙湖大鱼头 80 Shahu Big Fish Head Flavor	中式合菜 80 Chinese Cuisine
4	酒店早餐 Hotel Breakfast	黄焖驼排 60 Camel Meat Flavor	烤全羊 200 Roasted Whole Lamb
5	酒店早餐 Hotel Breakfast	烤乳鸽风味 80 Roasted Squab Flavor	沙漠自助烧烤 100 Desert BBQ Buffet
6	酒店早餐 Hotel Breakfast	清炖羊肉 60 Stewed Lamb Flavor	涮羊肉 100 Lamb Hot Pot
7	酒店早餐 Hotel Breakfast	蘑菇炖土鸡 60 Stewed Chicken with Mushrooms	私房菜 398 Private Dining Experience
8	早餐盒 Breakfast Boxed	-	-

DISCLAIMER:

*因个人原因未用餐，餐费恕不退还。

*MEALS NOT TAKEN DUE TO PERSONAL REASONS ARE NON-REFUNDABLE.

** MEAL COST - RMB / 餐标 - 人民币 **



Remarks/备注

All pictures in brochure are for illustration purpose only/

行程中的图片仅供参考



Accommodation 旅宿

☆☆☆☆☆

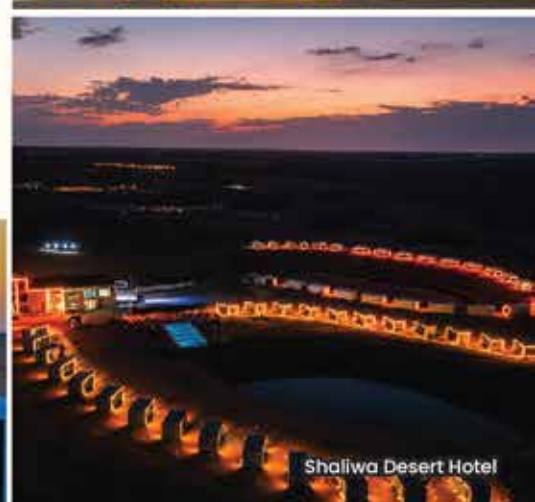
Embark on a complete journey at 4+5 star hotel, offering a quality & comfortable stay.

全程安排四+五星级酒店，让您在整个旅程中享受到有质量且舒适的住宿环境。



STAY 留宿	LOCATION 地点	HOTEL 酒店	RATED 等级	REMARKS 备注
1 Night	Yinchuan	EVEN Hotel or similar	☆☆☆☆☆	Hotel is located in the center of Yinchuan City.
1 Night	Wuhai	Wuhai Guangyuan Wanda Jinhua Hotel or similar	☆☆☆☆☆	Trip Best ranking No. 2 of Premium Hotels in Wuhai
1 Night	Alxa Left Banner	Hampton by Hilton or similar	☆☆☆☆	Best Local Hotel
1 Night	Zhongwei	Shaliwa Desert Hotel or similar	Experiential Uniqueness Accommodation	With private bathroom
2 Nights	Yinchuan	Kempinski Hotel or similar	☆☆☆☆☆	

*Triple Room Sharing Will Be Base on Extra Roll In Bed Basis. / *任何三人房或加床统一采用折叠式或床垫为标准。



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