

9D7N

四季假期
FS HOLIDAYS
by ICE HOLIDAYS SON BHD

云南秘境·香格里拉

YUNNAN WONDERLAND · SHANGRI-LA (Kunming / Dali / Lijiang / Shangri-La)



CHINA

Tour Code: FCKMZ



丽江古镇

LI JIANG ANCIENT TOWN

行程亮点 / TOUR HIGHLIGHT

- **丽江古镇** - 以纳西族文化为核心，保存完整的古城水系与青石街巷。四方街、木府等历史建筑与小桥流水交织，夜晚灯火映衬更显浪漫古韵。
- **虎跳峡** - 世界最深峡谷之一，金沙江在玉龙雪山与哈巴雪山之间奔腾而过，峡谷落差巨大，气势震撼。徒步路线闻名，是探险与自然爱好者的天堂。
- **理想邦** - 依山而建的纯白建筑群，融合地中海风情与洱海美景，被誉为“大理圣托里尼”。
- **独克宗古城** - 中国保存较完整的藏族古城之一，浓郁藏式风情与千年茶马古道文化交相辉映。
- **Lijiang Ancient Town** - A UNESCO World Heritage Site showcasing Naxi culture, well-preserved waterways, stone streets, and historic buildings.
- **Tiger Leaping Gorge** - One of the world's deepest gorges, featuring dramatic cliffs and the roaring Jinsha River.
- **Ideal State** - A stunning white architectural complex overlooking Erhai Lake, often called the “Santorini of Dali.”
- **Dukezong Ancient Town** - One of China's best-preserved Tibetan ancient towns, rich in Tibetan culture and Tea Horse Road heritage.

特色餐 SPECIAL MEALS

过桥米线
手抓饭
藏式风味Cross-Bridge Rice Noodles
Hand-Pulled Rice
Tibetan-Style Cuisine

酒店 HOTEL (全程 4 ★酒店)

昆明长水机场戴斯精选温德姆或同级	x 1 晚
大理戴斯温德姆酒店或同级	x 2 晚
香格里拉悦世纪大酒店或同级	x 1 晚
丽江官房大酒店或同级	x 2 晚
昆明中凰酒店或同级	x 1 晚
Days Inn by Wyndham Kunming Changshui or similar	x 1 N
Days Inn By Wyndham Dali Ancient City or similar	x 2 N
Shangri-La Jia Yue Century Hotel or similar	x 1 N
Lijiang Guanfang Hotel or similar	x 2 N
Kunming Zhong Huang Hotel or similar	x 1 N

购物站 SHOPPING STOP

虾青素，丝绸店
Astaxanthin Shop, Silk Shop



喜洲古镇
XIZHOU ANCIENT TOWN



洱海S湾生态廊道
ERHAI ECOLOGICAL CORRIDOR



虎跳峡
TIGER LEAPING GORGE



理想邦
IDEAL STATE

旅游行程表

第一天 吉隆坡 ✈️ 昆明

膳食：机上用餐

- 抵达昆明，前往入住酒店

第二天 昆明 - 大理

膳食：早餐 / 午餐 / 晚餐

- 理想邦 - 中国圣托里尼 (含单程上行电瓶车+下午茶)
- 大理古城 - 洋人街

第三天 大理 - 香格里拉

膳食：早餐 / 午餐

- 虎跳峡 (含往返扶梯)
- 独克宗古城 - 龟山公园 & 世界最大转经筒

第四天 香格里拉 - 丽江

膳食：早餐 / 午餐

- 纳帕海- 打卡天空之门观景台
- 大经幡
- 香巴拉时轮坛城
- 丽江古镇 - 大水车 - 四方街 - 黑龙潭

第五天 丽江

膳食：早餐 / 午餐

- 丝绸店
- 东巴秘境 (含网红玻璃桥+电瓶车)
- 白沙古镇

第六天 丽江 - 大理

膳食：早餐 / 午餐

- 体验民俗方巾扎染
- 喜洲古镇 - 转角楼
- 洱海S湾生态廊道

第七天 大理 - 昆明

膳食：早餐 / 午餐

- 虾青素
- 斗南七彩花海公园
- 海乐世界购物中心 - 昆明小洪崖洞

第八天 昆明

膳食：早餐/晚餐

- 翠湖公园
- 篆新农贸市场
- 昆明老街-钱王街、酒杯楼、百年福林堂、马家大院 (外观)

第九天 昆明 ✈️ 吉隆坡

膳食：机上用餐

- 抵达温馨家园

自费项目 OPTIONAL TOUR

- 丽江千古情实景演出 [人民币 280/每人] ; Lijiang Songcheng Eternal Love Show [RMB 280 /per person]
- 蓝月谷(含电瓶车)+印象丽江 [人民币 480/每人] ; Blue Moon Valley (Buggy car included) + Impression of Lijiang Show [RMB 480 /per person]

TOUR ITINERARY

DAY 1 KUALA LUMPUR ✈️ KUNMING

MEALS : MOB

- Arrived Kunming, Check-in Hotel.

DAY 2 KUNMING - DALI

MEALS: BREAKFAST / LUNCH / DINNER

- Ideal State - China's Santorini (Includes 1 Way Buggy Car + Afternoon Tea)
- Dali Old Town - Foreigner Street

DAY 3 DALI - SHANGRI-LA

MEALS: BREAKFAST / LUNCH

- Tiger Leaping Gorge (Included 2-Way Escalator)
- Dukezong Ancient City - Guishan Park & Giant Prayer Wheel

DAY 4 SHANGRI-LA - LIJIANG

MEALS: BREAKFAST / LUNCH

- Napa Lake -Sky Gate Observation Deck
- Giant Prayer Flag
- Shambhala Kalachakra Mandala Culture Centre
- Lijiang Ancient Town - Big Waterwheel, Sifang Street, Black Dragon Poo

DAY 5 LIJIANG

MEALS: BREAKFAST / LUNCH

- Silk Shop
- Dongba Secret Realm (Includes Glass Skywalk, Buggy Car)
- Baisha Ancient Town

DAY 6 LIJIANG - DALI

MEALS: BREAKFAST / LUNCH

- Experience Traditional Tie-Dye Handkerchief
- Xizhou Ancient Town - The Corner Tower
- Erhai Ecological Corridor

DAY 7 DALI - KUNMING

MEALS: BREAKFAST / LUNCH

- Astaxanthin Shop
- Dounan Flower Sea Park
- Kunming Haile World - Kunming's Little Hongyadong

DAY 8 KUNMING

MEALS: BREAKFAST / DINNER

- Green Lake Park
- Zhuanxin Farmers' Market
- Kunming Old Street - Qianwang Street, Wine Cup Buildings, Fulintang,Majia Courtyard (Photo Stop)

DAY 9 KUNMING ✈️ KUALA LUMPUR

MEALS : MOB

- Arrive Home Sweet Home

R E M A R K S

- 导游讲解以中文为主
Tour commentary in Mandarin
- 三人间将额外一张单人折叠式床为准
Triple sharing room will be allotted an extra roll-in bed
- 旅游配套包含69岁及以下旅行者的旅游保险
Tour package includes travel insurance for travellers up to 69 years old
- 此旅游配套仅适用于马来西亚国民
This tour package is applicable for Malaysians only
- 如因景区安全规定导致年龄或身体条件不符而无法参与，相关费用不予退款。
No refund will be provided if participation is denied due to age or health restrictions.

TRAVEL AGENT: